





Contents

Cancer	3	
Dementia		4
Domestic abuse		5
End of life care	6	
Families & fertility		7
Hiv		9
Mental health	10	
Sexual health	11	
Substance use (drugs, chemsex, alcohol & smoking)	12	





#### Cancer

Breast cancer care uk lesbian and bisexual women and breast cancer

Cancer research anal cancer statistics breast cancer statistics

Gynae health uk www.gynaehealthuk.com – home testing kits for cervical screening

Jo's trust (cervical) www.jostrust.org.uk

Nhs anal cancer breast cancer cervical cancer cervical screening - helping you decide (multiple languages) prostate cancer

Prostate cancer uk prostate facts for gay and bisexual men can trans women get prostate cancer? are you at risk? what is my risk?

Useful articles for healthcare professionals macmillan - the emerging picture; lgbt people with cancer macmillan - supporting lgbt people with cancer exploring the needs of gay and bisexual men dealing with prostate cancer cancer and the lgbt community understanding transgender men's experiences with and preferences for cervical cancer screening: a rapid assessment survey



WE'RE HERE IF YOU NEED US

lgbt.foundation 03453303030



3

## Dementia

Alzheimer's society Igbt: living with dementia supporting an Igbt person with dementia

National care forum dementia care and lgbt communities foundations for the future: dementia care and lgbt communities

Dementia statistics different types of dementia

Over the rainbow Igbt people and dementia project summary report

Useful articles for healthcare professionals dignity in care dementia and the lgbt population Dementia caused by chronic drug addiction





#### Domestic abuse

Broken rainbow helpline 0300 999 5428 | https://www.brokenrainbow.org.uk/help/helpline/

Galop/national lgbt domestic abuse helpline 0800 999 5428 | www.galop.org.uk/domesticabuse

Lgbt foundation 0345 3 30 30 30 | lgbt.foundation/dasupport | dasupport@lgbt.foundation

Men's advice line 0808 801 0327 | www.mensadviceline.org.uk

National domestic violence helpline 0808 200 0247 | www.nationaldomesticviolencehelpline.org.uk

Useful articles for healthcare professionals what is domestic abuse? Myths and stereotypes about violence and abuse in same-sex relationships domestic violence and abuse and the lgbt communities domestic abuse under the law transgender people's experiences of domestic abuse





# End of life care

Marie curie hiding who i am - the reality of end of life care for lgbt people

Macmillan nhs national end of life care programme

The national council for palliative care the national council for palliative care - lgbt

Useful articles for healthcare professionals cqc may 2016 report working with older lesbian, gay and bisexual people: a guide for care and support services





### Family & fertility

Nhs Igbt paths to parenthood

Human fertilisation and embryology authority fertility preservation for trans and non-binary people

Gov.uk surrogacy and legal services surrogacy guidance for healthcare professionals

Stonewall Igbt parenting rights pregnant pause (guide for lesbians on how to get pregnant) a guide for gay dads

### The proud trust

www.theproudtrust.org – a manchester based organisation providing support groups for younger trans people. Their website also contains resources and information that may be helpful for services.

Surrogacy uk www.surrogacyuk.org – resources and guidance for professionals, intended parents and surrogates

#### New family social

www.newfamilysocial.org.uk – simple information and research regarding adoption and fostering options for prospective lgbt parents

#### Proud 2 b parents

www.proud2bparents.co.uk – legal advice, parenting/support groups, parenting options etc. The resources page has a plethora of signposting links for potential parents and professionals





### Fflag

www.fflag.org.uk – a national voluntary organisation and charity dedicated to supporting parents and their lesbian, gay, bisexual and trans children

### Pride angel

www.prideangel.com – helps prospective parents find their own private donor or co-parent. In addition to providing fertility support, health screening and legal advice

### We are family

www.wearefamilymagazine.co.uk – a magazine dedicated to lgbt families, families-to-be and families with lgbt members

### Three circles fostering

www.threecirclesfostering.com/resources – information for lgbt fostering and trans youth in foster care

Gay families in the making www.gayfamiliesinthemaking.wordpress.com – blog with a variety of further signposting links

#### Mermaids

www.mermaidsuk.org.uk – support for young trans people and their parents, specifically around gender issues

Useful articles for healthcare professionals beyond babies and breast cancer





Hiv

Lgbt foundation Igbt.foundation/hiv | Igbt.foundation/hiv/living-with-hiv Igbt.foundation/prep | Igbt.foundation/pep

Aids map protective measures post-exposure prophylaxis (pep)

George house trust 0161 274 4499 | www.ght.org.uk

Prepster prepster.info

Hiv home testing kits test.hiv

Prevention access campaigns – undetectable=untransmittable www.preventionaccess.org/resources

Terrence higgins trust 0808 802 1221 | www.tht.org.uk

Useful articles for healthcare professionals transgender people, hiv and aids hiv and aids in the united kingdom (uk) managing hiv-positive individuals in primary care british hiv association (bhiva) 2018 standards of care british hiv association (bhiva) current guidelines national institute for health and care excellence (nice) 2016/17 guidance national institute for health and care excellence (nice) encouraging hiv testing



WE'RE HERE IF YOU NEED US



lgbt.foundation 03453303030

# Mental health

Lgbt foundation 0345 3 30 30 30 | therapy@lgbt.foundation | helpline@lgbt.foundation

Mind guides to support

Mind out www.mindout.org.uk

Nhs england mental health issues for lgb people

Useful articles for healthcare professionals mental health issues if you're gay, lesbian or bisexual rare lgbt mental health report london assembly lgbt+ mental health report dual diagnosis toolkit – mental health and substance misuse lgbt suicide prevention toolkit mental health challenges within the lgbt community lgbt inclusive mental health services; a guide for health and social care providers mental health in the lgbt community





#### Sexual health

Lgbt foundation 0345 3 30 30 30 | lgbt.foundation/sexualhealth | sexualhealth@lgbt.foundation

Cliniq cruising: a trans guy's guide to the gay sex scene

Terrence higgins trust (tht) trans women sexual health trans men sexual health

Passionate about sexual health (pash) www.gmpash.org.uk – information on stis, contraception and abortion – manchester specific

Nhs sexual health for gay and bisexual men are sex toys safe? lesbian and bisexual women's health can you have sex during a period

Lesbian std www.lesbianstd.com – sexual health information that specifically affect women having vaginal sex

Lgbt centre for health and wellbeing information for lesbian & bisexual women on cervical screening

Oxford vaccine group human papillomavirus (hpv)

Useful articles for healthcare professionals sexually transmitted infections of the anus and rectum sexually transmitted infections and chlamydia screening in england promoting the health and wellbeing of gay, bisexual and other men who have sex with men a study of lgb women's attitudes to cervical screening



WE'RE HERE IF YOU NEED US

lgbt.foundation 03453303030



11





### Substance use

Lgbt foundation 0345 3 30 30 30 | lgbt.foundation/substancemisuse

The northern sexual health chemsex support

Dean street chemsex: a published, working definition

Terrence higgins trust friday/monday – information about chemsex, risks, safety and sources for support

Gmfa

https://www.gmfa.org.uk/pages/category/safer-chems – advice on having chemsex safely

Public health england substance misuse services for men who have sex with men involved in chemsex

Useful articles for healthcare professionals proud2bsmokefree report improving health equality for gay, bisexual and other msm – why now and how? phe action plan tackles health inequalities for men who have sex with men tobacco use in lgbt communities part of the picture: lesbian, gay and bisexual people's alcohol and drug use in england dual diagnosis toolkit: mental health and substance misuse promoting the health and wellbeing of gay bisexual and other men who have sex with men transgender inclusion in drug and alcohol services



